

DISCUSSION GUIDE

Pursuit of Prayer

Introduction:

Prayer is simply communicating with God. But there are all kinds of things that can get in the way of prayer. We can be distracted, ashamed, or selfish.

<https://www.rightnowmedia.org/Content/Series/1231>

Watch Session 3: *Pursuit of Prayer*

1. Many things can affect our prayer, Taylynne struggled with guilt, how did that affect her praying?
2. If a friend said what Taylynne said, what would you? How would you help her connect with God again?
3. If you do have sin in your life, should you just keep praying as if there is no problem?

Read Psalm 51:1-12

4. Phil's sister died in a car accident, how did that affect his relationship with God?
5. Does it make sense to turn away from God over a painful disaster like that? How would those feelings affect prayer?
6. What can you do to get past this? Is there a way to "make up" with God? (how would you make up with a friend?)

Read Isaiah 55:9

7. His ways are higher than our ways. Why is that important to remember when bad things happen in our lives?
8. Carli said she was "bored" with her faith. How does boredom affect our prayer lives?
9. Does prayer always get boring? Is there a way to liven it up?
10. Our prayers are affected by feelings of guilt, anger, or boredom. Which is most likely to affect your prayer life?

Read/Discuss Philippians 4:6-7

11. How does prayer cure anxiety?
12. Why is thanksgiving important?
13. What happens when we pray instead of worry?
14. What do you make of "guarding" our hearts and minds?

PRAY!!!

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