

A STUDY THROUGH EPHESIANS

Why Spend Time with God?

Being a Christian is about being in relationship with Jesus Christ. Like any meaningful relationship, time together and communication are key.

To grow in Christ, you need to share what is on your heart and mind (in prayer), as well as listen to what He has to say to you (by reading the Bible). Doing this daily will strengthen your relationship with Jesus.

What is a Quiet Time?

Quiet Time is a term often used by Christians as any time set aside to spend one-on-one with God. Usually, this involves reading the Bible, learning from it, and praying. You will find it helpful to have a set time each and every day. You may start with just a few minutes a day, but as you grow in your relationship with Christ, the time you spend with Him grows as well.

How Do I Use This Guide?

This guide is a tool to help you learn from the Bible as you read through the book of Ephesians. In addition, each day there is a reading from another passage of the Bible that has the same theme. This guide is intended to be a six-week plan with five readings per week.

RECOMMENDED STEPS FOR EACH DAY



Pray and invite God to be with you and teach you.



Read through the verses in Ephesians, as well as the additional verses listed.



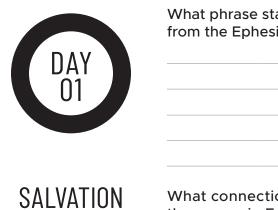
Answer the questions.



Pray for the opportunity to apply what you have read.

PLAN OVERVIEW

DAY 01	SALVATION IN JESUS
DAY 02	PLANNED FOR A PURPOSE
DAY 03	THE SPIRIT OF WISDOM
DAY 04	SEATED IN THE HEAVENLY PLACES
DAY 05	DEAD IN SIN
DAY 06	ALIVE WITH CHRIST
DAY 07	SAVED THROUGH FAITH
DAY 08	NO LONGER STRANGERS
DAY 09	MYSTERY OF CHRIST
DAY 10	MINISTRY OF GOD'S GRACE
DAY 11	HE IS ABLE
DAY 12	WALK IN A WORTHY MANNER
DAY 13	ONE BODY
DAY 14	SPIRITUAL GIFTS
DAY 15	EQUIP THE SAINTS
DAY 16	THE BODY WORKS TOGETHER
DAY 17	NO LONGER WALK AS THE GENTILES
DAY 18	BE RENEWED
DAY 19	SPEAK THE TRUTH
DAY 20	FORGIVE ONE ANOTHER
DAY 21	WALK IN LOVE
DAY 22	SEXUAL IMMORALITY
DAY 23	CHILDREN OF THE LIGHT
DAY 24	WALK WISELY
DAY 25	HUSBANDS AND WIVES
DAY 26	PARENTING
DAY 27	WORK
DAY 28	SCHEMES OF THE DEVIL
DAY 29	ARMOR OF GOD
DAY 30	BOLDNESS IN THE GOSPEL



IN JESUS

Ephesians 1:3-10

Matthew 27:45-56

from the Ephesians reading? Why?
What connections do you see between the verses in Ephesians and the additional reading?
What did you learn about God? About yourself?



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 02
What connections do you see between the verses in Ephesians and the additional reading?	PLANNED FOR A PURPOSE
	Ephesians 1:11-14
	Romans 8:28-30
What did you learn about God? About yourself?	
What next step can you take to apply what you read?	
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What connections do you see between
the verses in Ephesians and the
additional reading?

Ephesians 1:15-18

OF WISDOM

Proverbs 1:1-7

What did you learn ab	out God?
About yourself?	



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 04
What connections do you see between the verses in Ephesians and the additional reading?	SEATED IN THE HEAVENLY PLACES
	Ephesians 1:19-23
What did you learn about God? About yourself?	Revelation 4:1-11
What next step can you take to apply what you read?	
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DEAD IN SIN

Ephesians 2:1-3

Romans 3:9-20

What phrase stands out to you the most from the Ephesians reading? Why?
What connections do you see between the verses in Ephesians and the additional reading?
What did you learn about God? About yourself?



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 06
What connections do you see between the verses in Ephesians and the additional reading?	ALIVE WITH CHRIST
	Ephesians 2:4-7
	Romans 3:21-26
What did you learn about God? About yourself?	
What next step can you take to apply what you read?	
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What phrase from the Eph	o you the most ng? Why?

SAVED THROUGH FAITH

What connections do you see between the verses in Ephesians and the additional reading?

Ephesians 2:8-17

Titus 3:4-8

What did you learn about God?

About yourself?



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 08
What connections do you see between the verses in Ephesians and the additional reading?	NO LONGER STRANGERS
	Ephesians 2:18-22
	John 15:13-17
What did you learn about God? About yourself?	
What next step can you take to apply what you read?	
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What phrase stands out to you the most from the Ephesians reading? Why?
What connections do you see between the verses in Ephesians and the additional reading?

Ephesians 3:1-6

MYSTERY OF CHRIST

Colossians 1:24-29

What did you learn about God? About yourself?			



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 10
What connections do you see between the verses in Ephesians and the additional reading?	MINISTRY OF GOD'S GRACE
	Ephesians 3:7-13
	1 Timothy 1:12-17
What did you learn about God? About yourself?	
What next step can you take to apply what you read?	
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What phrase stands out to you the most from the Ephesians reading? Why?
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What connections do you see betweer the verses in Ephesians and the additional reading?

Ephesians 3:20-21

HE IS ABLE

Luke 8:40-56

What did you learn about God? About yourself?		



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 12
What connections do you see between the verses in Ephesians and the additional reading?	WALK IN A WORTHY MANNER
	Ephesians 4:1-3
What did you learn about God? About yourself?	Colossians 3:12-17
What next step can you take to apply what you read?	
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What phrase stands out to you the most
from the Ephesians reading? Why?

ONE BODY

What connections do you see between the verses in Ephesians and the additional reading?

Ephesians 4:4-10

1 Corinthians 1:10-17

What did you le	arn about God?
About yourself?	



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 14
What connections do you see between	
What connections do you see between the verses in Ephesians and the additional reading?	SPIRITUAL GIFTS
	Ephesians 4:11
	1 Corinthians 12:1-11
What did you learn about God? About yourself?	
What next step can you take to apply what you read?	
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What phrase stands out to you the most from the Ephesians reading? Why?
What connections do you see between the verses in Ephesians and the additional reading?

Ephesians 4:12-14

EQUIP THE SAINTS

Romans 12:3-8

What did you About yourse	out God?	

What next step can you take to apply

what you read?



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 16
What connections do you see between the verses in Ephesians and the additional reading?	THE BODY WORKS TOGETHER
	Ephesians 4:15-16
What did you learn about God? About yourself?	1 Corinthians 12:12-26
What next step can you take to apply what you read?	~~~
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What phrase stands out to you the mos	t
from the Ephesians reading? Why?	

NO LONGER WALK AS THE GENTILES

What connections do you see between the verses in Ephesians and the additional reading?

Ephesians 4:17-19

1 Thessalonians 4:1-8

What did you learn about God? About yourself?



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 18
What connections do you see between the verses in Ephesians and the additional reading?	BE RENEWED Ephesians
	4:20-24
	Galatians 5:16-26
What did you learn about God? About yourself?	
What next step can you take to apply what you read?	
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SPEAK THE

TRUTH

Ephesians 4:25-29

Matthew 18:15-20

What phrase stands out to you the most from the Ephesians reading? Why?
What connections do you see between the verses in Ephesians and the additional reading?
What did you learn about God? About yourself?

What di About y		out God	?

what you read?

What next step can you take to apply



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 20
What connections do you see between the verses in Ephesians and the additional reading?	FORGIVE ONE ANOTHER
	Ephesians 4:30-32
	Matthew 18:21-35
What did you learn about God? About yourself?	
What next step can you take to apply	
what you read?	
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What phrase stands out to you the most from the Ephesians reading? Why?			

WALK IN LOVE

What connections do you see between the verses in Ephesians and the additional reading?

Ephesians 5:1-2

1 John 2:7-11

What did you learn about Go	od?
About yourself?	



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 22
What connections do you see between the verses in Ephesians and the additional reading?	SEXUAL IMMORALITY
	Ephesians 5:3-5
	Proverbs 7:1-27
What did you learn about God? About yourself?	
What next step can you take to apply	
what you read?	riverridge.org



What phrase stands out to you the most from the Ephesians reading? Why?			

CHILDREN OF THE LIGHT

Ephesians 5:6-14

1 John 1:5-10

What connections do you see between the verses in Ephesians and the additional reading?		

What did you learn about God?	
About yourself?	



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 24
What connections do you see between the verses in Ephesians and the additional reading?	WALK WISELY
	Ephesians 5:15-21
	Colossians 4:2-6
What did you learn about God? About yourself?	
What next step can you take to apply what you read?	~~~
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What phrase stands out to you the most from the Ephesians reading? Why?	t
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HUSBANDS AND WIVES What connections do you see between the verses in Ephesians and the additional reading?

Ephesians 5:22-32

Philippians 2:1-8

What did you learn about God? About yourself?



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What phrase stands out to you the most from the Ephesians reading? Why?	DAY 26
What connections do you see between the verses in Ephesians and the additional reading?	PARENTING Ephesians 6:1-4
	Deuteronomy 6:4-9
What did you learn about God? About yourself?	
What next step can you take to apply what you read?	
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 What phrase stands out to you the most from the Ephesians reading? Why?	

WORK

Ephesians 6:5-9

Colossians 3:22-25

What connections do you see between
the verses in Ephesians and the
additional reading?

What did you learn about God? About yourself?



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 28
What connections do you see between the verses in Ephesians and the additional reading?	SCHEMES OF THE DEVIL
	Ephesians 6:10-13
	Matthew 4:1-11
What did you learn about God? About yourself?	
What next step can you take to apply	
what you read?	
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OF GOD

Ephesians 6:14-18a

2 Corinthians 4:1-6

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What did you learn about God?

About yourself?



What phrase stands out to you the most from the Ephesians reading? Why?	DAY 30
What connections do you see between the verses in Ephesians and the additional reading?	BOLDNESS IN THE GOSPEL
	Ephesians 6:18b-20
What did you learn about God? About yourself?	Romans 1:16-18
What next step can you take to apply what you read?	
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NEXT STEPS

What Will You Read Now?

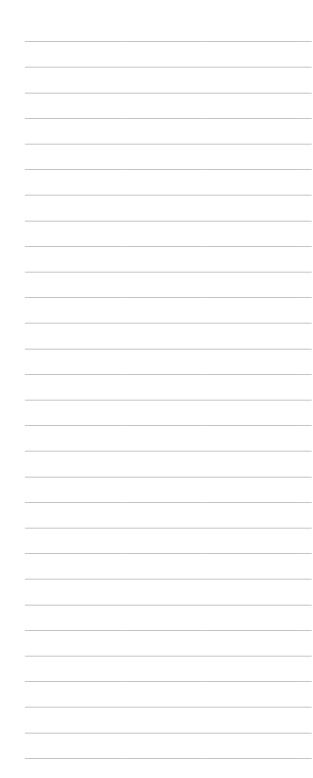
Spending time reading God's word will have an incredible impact on your life. There are many great resources and reading plans available from **YouVersion Bible App**. We suggest that you start there and explore for yourself.

If you are new to Christianity or just want to explore the Bible, **My First 30 Quiet Times** by Ty Saltzgiver is a recommended resource.

Download and print a Quiet Time Guide to use with any scripture reading or Bible passage. Simply print additional pages as needed.

Visit riverridge.org/read for

links to the above resources.	
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